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## It's cool to be clear

This month it's all about Speech Pathology. The theme is "Communicate to Participate", highlighting the way communication difficulties can affect daily life. Penrith speech pathologist Harmony Turnbull (right) said social isolation and frustration is keenly felt by people with communication difficulties. "We know that this can have a major impact on health, well-being and quality of life. Being able to communicate helps to connect with people, build friendships and participate in discussions, decisions, social events and work activities." As part of the week's awareness, Harmony and other speech pathologists, including Belinda Smith (also pictured), will order breakfast at Westfield Penrith with communication devices.

**Details: [speechpathologyaustralia.org.au](http://speechpathologyaustralia.org.au).**

**Picture: Gary Warrick**